

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2017

Life Enrichment Programs

<p>2pm- 1:1 Pampering 5 2:30pm- Living Faith Assembly Church 3pm- "Ice-cream Sunday" with Friends from Living Faith Assembly</p>	<p>9am-Parachute 6 9:45am- Pampering 11:15am – Tai Chi 2pm- Curling 3pm- Coffee Shop 6:30pm- Bingo with Joyce</p>	<p>8:30am – Kirkland Fried Eggs 7 9am- Shut the Box 9:30am- Fitness with Linda & Joyce 9:45am – Tea & Toast Trolley 11am -Hot Wax Therapy 1:40pm- Bowling 3pm- Coffee Shop</p>	<p>9am- Shut the Box 8 9:30am – Fitness with Linda 9:45am- Tea & Toast Trolley 11am –Residents' Council Executive Meeting 12:15pm- Dinner Party Gr.2 2pm- R.C. Mass 2:30pm- Cappuccino Shakes 6:30pm- O.K.O.</p>	<p>8:30am – Teck Fried Eggs 9 9am— Parachute 9:45am – Pampering 9:30am – Fitness with Linda 2pm- Auxiliary Birthday Party</p>	<p>2pm- Pass the Penny 10 3pm- Coffee Shop & Cupcake Bar 6:30pm- Indoor Drive In Movie</p>	<p><i>No Life Enrichment Programs Today</i> 11  <small>Remembrance Day (Canada)</small></p>						
<p>12 2pm- Activity for the Soul <i>"Giving and Receiving"</i> 3pm- Coffee Shop</p>	<p>2pm- Singing & Smiling with Linda Henry 13 2pm- Inspirational Videos from J.W. Org. 3pm- Coffee Shop 6:30pm- Bingo with Joyce</p>	<p>8:30am – Kirkland Fried Eggs 14 9am- I Hear Music 9:30am- Fitness with Linda & Joyce 9:45am – Tea & Toast Trolley 11am Hot Wax Therapy 1:40pm- Bowling 3pm- November Coffee Shop</p>	<p>9am- I Hear Music 15 9:30am – Fitness with Linda 9:45am- Tea & Toast Trolley 11am – Music & Memories with Judy 12:15pm- Dinner Party Gr.3 2pm- R.C. Mass 2:30pm-Cookie Cup Ice-cream</p>	<p>8:30am – Teck Fried Eggs 16 9am- Shut the Box 9:45am – Homemaking 9:30am – Fitness with Linda 10:30am – St. Peter's Anglican Church Service 11am – Hot Wax Therapy 2pm- Travel Club with Stephanie "London" Place</p>	<p>2pm- Christmas Craft with Friends of TPR 17 3pm- Coffee Shop & Colouring Club 6:30pm- Pub Night</p>	<p>2pm- Let's Cook! <i>"Meat Pies"</i> 3pm- Coffee Shop 18</p>						
<p>19 2pm- 1:1 Pampering 2:30pm- Brethren In Christ Church Service 3pm- Coffee Shop</p>	<p>9am-Balloon Toss 20 9:45am- Pampering 11:15am – Tai Chi 2pm- Christmas Carols with Kelly Smith 3pm- Coffee Shop 6:30pm- Bingo with Joyce</p>	<p>8:30am – Kirkland Fried Eggs 21 9am – Homemaking 9:30am- Fitness with Linda & Joyce 9:45am – Tea & Toast Trolley 11am Hot Wax Therapy 12:15pm- November Birthday Luncheon 1:40pm- Bowling</p>	<p>9am- Homemaking 22 9:30am – Fitness with Linda 9:45am- Tea & Toast Trolley 11am –Residents' Council General Meeting 12:15pm- Dinner Party Gr.4 2pm- R.C. Mass 2:30pm- Flurries 6:30pm- O.K.O.</p>	<p>8:30am – Teck Fried Eggs 23 9am- Balloon Toss 9:45am – Pampering 9:30am – Fitness with Linda 11am – Hot Wax Therapy 1:40pm- Auxiliary Bingo <small>Thanksgiving Day (US)</small></p>	<p>2pm- Pass the Penny 24 3pm- Coffee Shop & Colouring Club 6:30pm- Pampering Social with Friends</p>	<p>2pm- I Got It 3pm- Coffee Shop 25</p>						
<p>26 2pm- 1:1 Pampering 2:30pm- Wesleyan Church Service 3pm- Coffee Shop</p>	<p>9am-Old Time Sing Along 27 9:45am- Pampering 11:15am – Tai Chi 1:15pm-3:15pm K.L. Mall Outing 2pm- Inspirational Videos from J.W. Org. 3pm- Coffee Shop 6:30pm- Bingo with Joyce</p>	<p>8:30am – Kirkland Fried Eggs 28 9am – I Hear Memories 9:30am- Fitness with Linda & Joyce 9:45am – Tea & Toast Trolley 11am Hot Wax Therapy 1:40pm- Bowling</p>	<p>9am- I Hear Memories 29 9:30am – Fitness with Linda 9:45am- Tea & Toast Trolley 11am- Music & Memories with Judy 12:15pm- Poutine & Pogo Lunch(4 Dinner Party Groups) 2pm- R.C. Mass 2:30pm- Hot Chocolate Floats 6:30pm- O.K.O.</p>	<p>8:30am – Teck Fried Eggs 30 9am- Old Time Sing Along 9:45am – Pampering 9:30am – Fitness with Linda 11am – Hot Wax Therapy 2pm- Postcard Club</p>	 <h3 style="text-align: center;">Coffee Shop Daily 3pm</h3> <table border="1" style="width: 100%;"> <tr> <td>Tuesdays</td> <td>Kaktus Chips</td> </tr> <tr> <td>Wednesdays</td> <td>Ice-cream</td> </tr> <tr> <td>Fridays</td> <td>Popcorn</td> </tr> </table> 		Tuesdays	Kaktus Chips	Wednesdays	Ice-cream	Fridays	Popcorn
Tuesdays	Kaktus Chips											
Wednesdays	Ice-cream											
Fridays	Popcorn											